



**Join
the
FUN**



Calling all brides-to-be, bridesmaids, mothers of the bride
(Grooms - create your own BootCamp - bring the Groomsman) ...
join my BRAND NEW fitness and nutrition program:



**Bridal
BootCamp!**

I've tested, tweaked, re-tested, tweaked..... you get the idea, I
have this Ripped Body Bride training system down to a "T"

I have seen SO MANY engagement stories lately, that I decided
to open up the best Bridal BootCamp! on earth!

Everyone wants to look incredible on their wedding day, but most importantly, FEEL incredible and confident!

I'm looking for ladies who want to reshape their Bridal Body in a hurry! This **4-week program** will SHAVE, CHISEL, and SHED:

- up to **20 pounds**
- **3.5 inches** from the **Waist**
- **4 inches** from the **HIPS**
- **2 inches** off the **THIGHS**



When the Bride 'commits' - The bridal party and mothers get in to the Bridal BootCamp for **FREE** 😊

This is a fitness and nutrition accountability group for any bride-to-be or anyone in a wedding party!

The Bride will train 1x/wk personally with a skilled master trainer and participate 2x/wk in a group BootCamp with the wedding party. The wedding party will receive nutritional planning and 3 BootCamp sessions per week.



The workouts will be **intense**, but doable and quick (less than 30 mins). The meal plan will be developed for you by the Fitness Pros nutritionist and will utilize real foods, no pills, potions or magic snake oil.

Contact Fitness Pros
troy@troyhuggett.com or
269-967-6300 to schedule your
appointment today!

Value: \$1250

Save 50%

Special Bridal package, including up
to 4 additional bridal party training partners - **\$625**

